

WILLOW STREAM THE SPAS AT FAIRMONT



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The Fairmont Scottsdale Princess, Arizona

Welcome to Willow Stream

When was the last time you let go of your responsibilities and devoted time just for yourself? The constant stress of moving in fast-forward without a break can wreak havoc on your energy and your health. We invite you to come catch your breath, find your energy and just enjoy.

Some of our guests spend time purely pampering themselves. Others relax by improving their golf game or enjoying the outdoors. At Willow Stream you'll find spaces for quiet reflection as well as opportunities to recover after 36 holes of golf, 8 hours of moguls or a day of meetings. We are specialists in creating the right atmosphere to spend time focusing on you – just the way you want to. We'll help you make the most of your downtime...even if you only have an hour.

Willow Stream spas have been created in select Fairmont resorts around the world. You will find that no two Willow Stream spas are alike. Each is designed to reflect the beauty and ambience of its landmark Fairmont resort and the surrounding landscapes. What they all have in common is an outstanding spa experience.

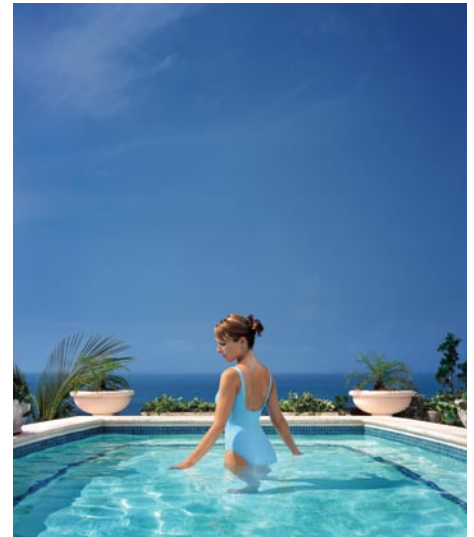
The splendor of every Willow Stream spa will enliven your senses, stir your imagination and rekindle your passion for living well.

Here, your energy will flow once again.



The Art of Willow Stream;
"Body as a Landscape"

The black and white body photographs used by Willow Stream are the works of Karin Rosenthal. Karin's style captures what can be accomplished with something as beautiful as the body and the Earth's elements. The connection between the body and the land is blurred so that one imitates the other. Karin's work has been exhibited in galleries and museums worldwide.



The Fairmont Southampton, Bermuda

Energy inspired by the elements

Energy is the key difference between living and living well. The time taken to recharge allows us to start afresh, to gain control over the things in our life. Willow Stream spas harness the natural energy and restorative power of their surroundings to deliver exceptional spa experiences.

We are here to help guide you to your energy, in a way of your choosing. Never rushed, many Willow Stream experiences begin with Willow Stream's signature footbath, a delightful and totally relaxing way to begin your journey.

Each Willow Stream spa treatment reflects the nature around it...taste the tangy salt of an ocean mist, breathe in the power of towering mountains against the sky, feel the purple warmth as day breaks over the desert or delight in the colors of tropical gardens.

The result is experiences that awaken our senses, pique our joy and quench our thirst for energy.



The Fairmont Banff Springs, Alberta



The Fairmont Empress, Victoria, BC

The Willow Stream name and logo were designed to reflect our story.

The Willow

The strength of the Willow tree is its deep roots, strong center and branch flexibility.

We think it paints a nice picture of our deeply rooted authenticity, and our belief in a healthy combination of the strength of our bodies and the flexibility and happiness of our spirits.

The Stream

The Stream represents an energizing journey through life, bending, curving and changing constantly in a peaceful but purposeful manner. The Stream forges a path around any obstacles on its way to its destination.



The four circles in our logo are ancient symbols representing earth, air, fire and water. The Willow tree represents a fifth element of wood. The balance of these five elements is nature's equilibrium.

Our spas

We have created places to catch your breath, find your energy, and to have fun! A spa vacation at any of our resorts gives you a chance to combine all the things you love to do and return home with energy.

WILLOW STREAM THE SPA AT THE FAIRMONT ACAPULCO PRINCESS

Rising from the tropical forest along the coast of Mexico, The Fairmont Acapulco Princess stands in majesty as a reminder of the ancient Aztec civilization. The energy of the Sierra Madre Mountains, the lush green forest and the warmth of the Pacific tides gather together in a rhythmic dance. Willow Stream the spa at The Fairmont Acapulco Princess reflects the harmony of the land and sea to create rejuvenating spa experiences. Many of the experiences are inspired by the ancient traditions of Mexico like the Nahuatl Body Wrap, using the healing powers of Barro mud. The Aromatic Massage uses the essential oils and flowers of Mexico and the Bougainvillea Facial capturing the confidence and vitality of this lush tropical plant. An essential ingredient to every spa experience is a chance to relax and enjoy the surroundings and the moment with friends. In between spa treatments you can step outdoors to enjoy the idyllic setting of the five pools, a leisurely walk along the beach or a round of golf in a tropical paradise.



WILLOW STREAM THE SPA AT THE FAIRMONT BANFF SPRINGS

The mountains have always had the power to inspire and reawaken energy. In Banff Springs, the natural hot springs have established this town as a place for healing and rejuvenation. The famous castle in the heart of the Canadian Rockies, The Fairmont Banff Springs, has stood graciously amidst the glory of the mountains and pure mountain air waiting to welcome travelers as they sought the healing waters of the hot springs. Willow Stream the spa at The Fairmont Banff Springs captures the ultimate adventure of the mountains and the essence of the mineral pools with its mountain spa experiences. The Ultimate Ascent and the Wildflower Body polish use the mineral pools and the fresh mountain scents of wildflowers and pine. Rockies Rehydration is a replenishing facial after a day of hiking in the mountains. In this corner of paradise, there are so many ways to soak up the energy and power of the mountains. Wildlife hiking, cycling or a day on the Banff Springs golf course will enhance your spa experience. In the winter, the panorama of freshly fallen snow will surely take your breath away.



WILLOW STREAM THE SPA AT THE FAIRMONT DUBAI

Dubai, a city of merchants, is a gathering place for many cultures. This city on the sea hums with an air of adventure. Bordering the hub of lively city life the clear turquoise beaches of the Arabian Gulf beckon. The Fairmont Dubai, a contemporary oasis, is at the heart of the beautiful beaches and urban chic. Willow Stream the spa at The Fairmont Dubai, the surrounding sea and desert, along with the excitement of the city define unique spa experiences at The Fairmont Dubai.



WILLOW STREAM THE SPA AT THE FAIRMONT EMPRESS

For close to a century, people have traveled the world to visit this grand dame sitting on the edge of Victoria Harbour in British Columbia. Its rich history and tradition of Afternoon Tea have long been a favored attraction. But now Willow Stream the spa at The Fairmont Empress has opened the door to new experiences, embracing the history of the hotel, the charm of the city and the energy of the island's diverse landscape. Spa experiences bring to life the stunning contrasts of the island as well as the elegance of the hotel. Island Senses celebrates the coastal wonders with the salts of the sea body scrub and an aromatic bath and wrap with the refreshing scents of the island forests and gentle fields. Fit for a Queen Facial uses many of the essential oils used by the Royal Family to recreate the radiant glow of the English complexions. During your stay, enjoy the attractions that have drawn people to this hotel over the years - the hotel's beautiful rose gardens, the pleasure of a leisurely walk along the harbor shores into to city of Victoria and don't forget tea. Afternoon Tea is most definitely part of the spa experience.



WILLOW STREAM THE SPA AT THE FAIRMONT MAYAKOBA – OPENING 2005

The Fairmont Mayakoba (opening 2005) is a mystical place, respectful of the past and inspired by the present. Located in the heart of Riviera Maya near Playa del Carmen, the property is enveloped by the canopy of the forest and situated on a network of crystal-clear lagoons in the heart of a tropical mangrove. The newest Willow Stream spa draws its inspiration from all of the elements of nature. As you enter the spa the energy of fire and the symbol of the sun greets you. Continue the journey through the spa, with its waterfall, cooling nature and soothing sounds to enjoy the healing waters of hydrotherapy, massage under the warm waters of tropical rain or soak in the relaxation or mineral pool (with healing mineral salts of the ocean). Nature's inspiration is at every turn...a romantic suite built overlooking the treetops of the mangrove forest provides the perfect setting for side by side treatments and brings the outside in. Energy inspired by nature.





WILLOW STREAM THE SPA AT THE FAIRMONT SCOTTSDALE PRINCESS

The Fairmont Scottsdale Princess is a refreshing oasis in the heart of the desert. Willow Stream the spa at The Fairmont Scottsdale Princess draws inspiration from the rugged beauty of the Sonoran Desert rising to meet the imposing ridge of the McDowell Mountains and the breathtaking landscape of the Grand Canyon for many of its spa experiences. The Havasupi Fall, located in the heart of the Grand Canyon, is central to the spa setting. Within the actual spa, a waterfall cascades over red stone. The Havasupi Body Oasis experience recreates a magical place in the Grand Canyon where the atmosphere is transformed. Just as the temperature and air cool and calm the weary traveler, this spa experience transforms with a bath, exfoliation, wrap and soothing massage to clear the mind and rejuvenate the body. Nearby, you can experience the timeless energy of the desert with a guided tour and discover the origins of the natural aromatherapy of the desert ... desert lavender, saguaro cactus, prickly pear, aloe and wild rosemary. For a more civilized outing, you may prefer to pack your golf clubs and rise to the challenge of the PGA Championship Golf Course.

WILLOW STREAM THE SPA AT THE FAIRMONT SOUTHAMPTON

Bermuda is an island with glorious pink shimmering beaches meeting azure blue sea, and a riot of floral scents everywhere as flowers dance to the tropical breezes. Perched on the island's highest point, The Fairmont Southampton Princess is at the heart of the island's splendor. Willow Stream the spa at The Fairmont Southampton Princess brings to life Bermuda's floral island pleasures. Island Inspiration: A Body Sorbet is a floral island melody with the choice of three cooling island sorbets, a massage and a comforting wrap for an island glow. Island pleasures extend beyond the spa. Walks along the pink sandy beaches lead the way to spectacular sunsets. A more carefree approach may be more your style as you throw convention to the wind and explore the island charms by scooter.



WILLOW STREAM THE SPA AT THE FAIRMONT TURNBERRY ISLE RESORT & CLUB

The Miami area bustles with excitement and charm from the visual feast of South Beach up to Fort Lauderdale. Golden beaches, plenty of sun, and warm ocean waters all help to heal and restore balance. The zany energy of the nightlife is an invitation to set aside your busy schedule and just enjoy the moment. Willow Stream is in the middle of it all at the 300-acre Fairmont Turnberry Isle, a Mediterranean-style resort in the exclusive enclave of Aventura, about halfway between South Beach and Fort Lauderdale. Here you'll find two 18-hole golf courses designed by Robert Trent Jones Sr., 19 tennis courts, private ocean club, marina, and superb dining from seaside casual to award-winning gourmet. And here you will find a Willow Stream spa that celebrates the charm and color of the southeast Florida coast.



Spa experiences



The Fairmont Banff Springs, Alberta

The spa experience ultimately relies on the person creating it. We embrace positive energy and balance in our lives so that we can care for you, as we care for ourselves. Our personal health and energy will further inspire you. Most important, we enjoy meeting new people and sharing our energy. Feel the difference in our treatments.

Everywhere you travel, whether it's around the corner or around the world, you need energy for your journey. Our Willow Stream experiences have been created with the "find your energy" philosophy in mind. But we also understand that when you travel you want to experience your local surroundings. That is why you also find unique local experiences inspired by the surroundings at all Willow Stream spas. From natural mineral pools and salts harvested from the sea, to Lavender picked from local fields and Rosemary grown in our gardens. These timeless treatments embrace the surroundings and are easy to understand.

Find energy in your own way. And know that you'll always feel welcome and comfortable throughout the spa.



KERSTIN  FLORIAN

We use the exceptional therapeutic and herbal products offered by Kerstin Florian International (KFI) in our experiences, not only because of the quality and care put into each product, but because we share their lifestyle philosophy. (Healthy nutrition, regular exercise, psychological well-being and proper care of the face and body are equal parts in a continuous process in the quest of optimum health.) Kerstin Florian products cover three distinct lines: Facial Spa Kur, Spa Body and Spa Sun. Each is specifically formulated for the spa environment and delivers superior results.

KFI products can be purchased at our Willow Stream spa boutique or online at www.willowstream.com.

Inhale the elements – exhale your stress



A sampling of our signature experiences

We have many treatments to choose from, not to confuse you, but to inspire you in creating your own perfect spa moment. Our approach to treatments is as important to us as the beautiful facilities. We have energy inspired experiences, as well as those that are locally inspired...with spas located in the Canadian Rockies, the Sonoran Desert and on the coasts of the Atlantic and Pacific Oceans, we have much to be inspired by. Combined with the personal attention you receive from our professionally trained spa experts, your Willow Stream spa experience will help you face the world with a greater sense of well being and renewed energy. We hope the following sampling of our treatments inspires you to visit a Willow Stream spa soon.

Energy inspired

FIND YOUR ENERGY BODY EXPERIENCE

A gentle brush exfoliation will stimulate your skin and invigorate your circulatory system. Loosen your muscles and release tension in a bath infused with Chamomile, followed by a soothing Rose Hip Oil massage. The experience culminates in a gentle wrap with an infusion of Rose Hip, leaving your skin and body nourished and your energy restored.

THE REVITALIZER

Enjoy true energy in this complete body experience using Willow Stream Energy products. A purifying cleanse, a stimulating exfoliation, an energizing wrap, an invigorating hair conditioning treatment, and full body massage revives vital energy. You'll leave with a feeling of vitality and rejuvenation.

WILLOW STREAM MARINE ENERGY FACIAL

Draw energy from the sea. A luxurious anti-aging facial that firms, tones, refines and deeply hydrates the skin with protein rich Caviar and powerful antioxidants. This experience features the signature Caviar line from Kerstin Florian and the use of the exclusive *Willow Stream Marine Energy Ampoule* (an intensive anti-aging treatment that delivers a wealth of marine proteins). The Marine experience begins with a foot bath using Thalasso Åkta Seaweed scrub and continues with the facial and a hand and arm massage. Results are immediate...luminescent skin!

BALANCE BODY EXPERIENCE

Willow Stream Balance brings the body into its own natural rhythm, activating harmony, increasing health and creating a sense of well being through Nature. This experience epitomizes simple elegance. An invigorating footbath provides much needed care for feet that have traveled far. A relaxing body scrub provides incredible hydration, followed by a massage to bring harmony between spirit and matter.

Locally inspired

THE FAIRMONT SCOTTSDALE PRINCESS

HAVASUPAI BODY OASIS EXPERIENCE
The Fairmont Scottsdale Princess has come to reflect the dynamic environment that surrounds it – It is a place born of air, fire and water. The innovative Willow Stream spa design was inspired by a place called Havasupai (pronounced Hah-vah-su-pie), a spiritual oasis deep in the Grand Canyon. The healing energy of Havasupai transforms. Your spa therapist will pamper you with a warm aromatic Eucalyptus footbath. Sip restoring desert tea while a lavender-infused cloth cleanses your face and expands your breathing. Continue with a gentle Chamomile exfoliation, and a Eucalyptus herbal bath. Enjoy an aromatherapy wrap with a face and scalp acupressure treatment, and finish with a soothing warm oil massage application. The mind is clear, the body relaxed.

THE FAIRMONT BANFF SPRINGS ULTIMATE ASCENT

Let the magic of the mountains awaken your senses. Begin your ultimate mountain ascent beneath one of our cascading waterfalls, releasing tension and clarifying the mind. Your therapist will guide you to a warm aromatic footbath while you sip healing mountain tea. The refreshing mountain air caresses your skin, as it is refined with a gentle dry brush exfoliation. During a soothing massage, positive energy soothes and relaxes your body. Take comfort in the warmth of a wrap infused with the essence of the elements that surround. Clarity of thought and vision returns as you complete the journey to the summit fulfilling a destiny and rediscovering your energy.

THE FAIRMONT ACAPULCO PRINCESS NÁHUATL HARMONY AND BALANCE BARRO BODY WRAP

An ancient Mexican tradition, embracing the beauty of your spirit to radiate both inner and outer harmony. Begin your experience with a relaxing foot soak and scrub ritual,

while sipping a soothing cup of Chamomile tea. Immerse in a Barro (mud) wrap to detoxify and tone your body. After a refreshing shower, inhale the fragrance of Lavender essential oil as you revel in a body massage. You'll want to re-live the moment when you return home, every time you listen to the healing music of Mexico.

Golf inspired

THE WILLOW STREAM GOLF FACIAL (great for all outdoor enthusiasts)

This 18 stroke facial was designed with B. Kamins, Chemists to moisturize, repair and protect your skin from sun. Followed by a soothing shoulder, hand & foot massage – to relax and revitalize golfers' muscles before or after 18 holes. The experience also features the exclusive Willow Stream Sports Masque, which softens and brightens the skin.

GOLF PERFORMANCE TREATMENT

A Willow Stream exclusive massage therapy treatment endorsed by world-class professional golf instructor David Leadbetter, professional golfer Charles Howell III and Murray Blair, head of Fairmont Golf. This treatment incorporates an advanced understanding of kinesiology to improve flexibility. All the benefits of a deep tissue massage but no soreness the next day, so you can hit the course for another 18 holes!

UP TO PAR BODY EXPERIENCE

After hours on the golf course, you will discover that this unique hour long experience will tone and hydrate sun exposed skin and relax body and mind. This experience begins with a hydrating Willow Stream Energy Avocado wrap and scalp and hair treatment, followed by a massage with pure Avocado oil, addressing the needs of every golfer, with the exception of your score!

Enhancing your spa experience

MAKING SPA APPOINTMENTS

The first step is to consult with our Experience Coordinators to select treatments to fulfill your personal requirements. To ensure availability, we ask you book your appointments prior to your arrival at the hotel or resort. Of course, questions are welcomed and encouraged.

SPA EXPERIENCE COORDINATORS

All of our Spa Experience Coordinators are available to assist you in customizing your own personal experience, from planning your treatments to answering any of your questions or concerns. Whether in the spa, by phone or e-mail, they are available to assist you.

SPA ARRIVAL & ETIQUETTE

We recommend that you arrive 30 minutes before your first scheduled appointment. This allows you time to familiarize yourself with the facilities and surroundings. Please note, all treatments end on time regardless of the start time. For the enjoyment of our guests, please note that cell phones are not permitted.

HEALTH MATTERS

Please inform us of any health condition at the time of booking your appointment. These include: high blood pressure, heart condition, allergies or pregnancy. Also, consumption of alcohol before, during or directly after spa treatments is not recommended.

FITNESS SERVICES

Maintaining good health is the most important gift we can give ourselves. Our unique spa experiences are enhanced with an optimal fitness program to truly begin the healing from within. Whether you would like to begin a fitness program or boost your routine, Willow Stream offers a variety of fitness services to experience healthy revitalizing living.

Many of the Willow Stream locations offer salon services.

Try a salon experience that goes beyond the ordinary. Whatever the day's events bring, you'll look and feel your best.



The Fairmont Turnberry Isle Resort & Club, Miami

SPA ATTIRE

You will receive a Willow Stream robe and slippers to wear between treatments (or T-shirt and shorts for some packages), and a locker for your personal belongings. Please leave your jewelry and valuables in your room safe or the hotel safe. For your comfort, undergarments may be worn during treatments, but rest assured our therapists are highly trained in correct draping procedures for your privacy.

MAKING THE MOST OF THE EXPERIENCE

To further enhance your spa experience, we recommend beginning with traditional spa hot and cold facilities. To eliminate the toxins from your body, you can enjoy a sauna, steam, or whirlpool. This helps to open up breathing, cleanse and detoxify and warm the muscles. Following this with a cooling activity - a Swiss shower, cold plunge or cold drink - is an invigorating way to bring your body temperature back to normal.

AGE REQUIREMENT

Minimum age is 18 years.

Our spa products

CHOSEN WITH CARE. NOW ONLINE.

Now you can have the Willow Stream spa feeling whenever you feel the need for it using our own special line of products that are just perfect for helping "find your energy".

Energy and Balance begin the Willow Stream collection.

– WILLOW STREAM ENERGY –

A full range of bath, hair and skin-care products created from the highest quality ingredients: Willow Stream Energy Shampoo, Conditioner, Creamy Bath and Shower Cleanser, Exfoliating Creamy Cleanser, Body Lotion, Body & Bath Oil, Hydrating Spritz, Hydrating Exfoliating Crème, Avocado Wrap, Bath Salts, Body Butter, Bath Spheres, Body Bar and Candle. Essences of Lemongrass (refreshing and uplifting), Ginger (invigorating, stimulating, confidence-building) and Sandalwood (balancing, grounding, exotic) in all the Energy products combine to revive vital energy, while key moisturizing ingredients provide hydration that is essential for the body to maintain its energy balance. Made especially to reflect our "find your energy" philosophy.

– WILLOW STREAM BALANCE –

A special aromatherapy line created for us by Hawaii-based Warren Botanicals, a leading creator of the highest quality aromatherapy products. Senses are awakened with the essential oils used to formulate the Willow Stream Balance collection and include: Spikenard, (one of the most ancient aromatic oils used to regulate the heart, calm the nervous system and harmonize the whole body); Vetiver, (which assists in relieving inflammatory disorders of the joints and helps to center our spirit); Ylang-Ylang, (a union of masculine and feminine that helps to open the mind); Cypress (to increase blood circulation and boost our energy); and Lemongrass (to tone muscles and uplift the body and spirit). Willow Stream Balance includes: Bath Crystals, Body Lotion, Hydrating Body Scrub, Long-Life Candle and Massage & Body Oil.



Just a few minutes for ourselves every day in our own home spa can give us that Willow Stream attitude every day!

Now you can create your own Willow Stream spa at home using the same products we do. Visit our spa boutique or www.willowstream.com to find out more.

Willow Stream at Home also features:

a selection of Kerstin Florian International Products; B. Kamins Products highlighted with our Facial Kit For Golf and Sports Masque; and both Fairmont and Willow Stream denominational gift certificates.

WILLOW STREAM
at home

Contact us

Advance reservations are recommended to accommodate your preferences. Our knowledgeable Spa Experience Coordinators are delighted to guide you to the experiences that suit your needs.

WILLOW STREAM THE SPA AT
THE FAIRMONT ACAPULCO PRINCESS
P.O. Box 1351 Acapulco, Guerrero 39300 Mexico
please call 52-84-69-1000 or 800-441-1414

WILLOW STREAM THE SPA AT
THE FAIRMONT BANFF SPRINGS
P.O. Box 960, 405 Spray Avenue Banff, Alberta T1L 1J4
Please call 403-762-1772 or 800-404-1772

WILLOW STREAM THE SPA AT
THE FAIRMONT DUBAI
P.O. Box 97555, Sheikh Zayed Road, Dubai, U.A.E.
Please call 971-4-332-5555 or 800-441-1414

WILLOW STREAM THE SPA AT
THE FAIRMONT EMPRESS
633 Humboldt Street Victoria, British Columbia V8W 1A6
Please call 250-995-4650 or 866-854-7444

OPENING FALL 2005
WILLOW STREAM THE SPA AT
THE FAIRMONT MAYAKOBA
Riviera Maya, Mexico
Please call 800-441-1414

WILLOW STREAM THE SPA AT
THE FAIRMONT SCOTTSDALE PRINCESS
7575 East Princess Drive, Scottsdale, AZ 85255
Please call 480-585-2732 or 800-908-9540

WILLOW STREAM THE SPA AT
THE FAIRMONT SOUTHAMPTON
101 South Shore Road, Southampton SN02 Bermuda
Please call 441-239-6924 or 800-441-1414

WILLOW STREAM THE SPA AT
THE FAIRMONT TURNBERRY ISLE RESORT & CLUB
19999 West Country Club Drive, Aventura, Florida 33180
Please call 305-933-6930 or 800-327-7028



Find your energy.



WILLOW STREAM
THE SPAS AT FAIRMONT

www.willowstream.com

For spa vacation packages visit www.willowstream.com or call 800.441.1414

FAIRMONT HOTELS & RESORTS